

# EUROPEAN POWERLIFTING FEDERATION

## The 21st MASTERS MEN AND 14th MASTERS WOMEN EUROPEAN POWERLIFTING CHAMPIONSHIPS

23rd – 27th June 2009

IN PILSEN, CZECH REPUBLIC

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Sanctioned by the European Powerlifting Federation,  
the Czech Powerlifting Federation

invite the EPF member nations to participate in the

21st Masters Men & 14th Masters Women European Powerlifting  
Championships 2009 in  
Pilsen, Czech Republic

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

Meet Director: Vladimír Mati, Liskovecka 2510, 738 01 Frydek-Mistek, Czech Republic

Accommodation, transport: Lenka Suchankova, e-mail: [europowerlifting@centrum.cz](mailto:europowerlifting@centrum.cz),  
tel: +420 775 077 162

Technical Secretary: Ivan Karpisek

EPF Championship  
Secretary: Jiri Hofirek, Malickeho 980, 410 02 Lovosice, Czech Republic.  
Tel +420 739 405689, e-mail: [jirih@atlas.cz](mailto:jirih@atlas.cz)

Host City : Pilsen, Czech Republic.

Date: 23rd – 27th June 2009.

Venue: Parkhotel Congress Centre Plzen, U Borskeho Parku 31, 320 04 Plzen

Technical Meeting: Monday 22nd June at 20:00 at Parkhotel Congress Centre.

Referees Clinic: Monday 22nd June after the Technical Meeting at Parkhotel Congress Centre.

Hotel:

Parkhotel Congress Centre Plzeň  
U Borskeho Parku 31, 320 04 Plzen, Czech Republic  
[www.parkhotel-czech.eu](http://www.parkhotel-czech.eu)

Single room: 1500,- CZK per person / night, including breakfast

Double room: 1100,- CZK per person / night, including breakfast

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Note: All Hotel costs must be covered by all nominated lifters and officials if we have not received information about a cancellation at the latest 7 days prior to the date of the Championship.

The deadline is 15th June 2009. The same applies to the participation and antidoping fees (EPF By-Laws 103.2 and 105.5.1).

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay directly their rooms at the arrival at the Championship office. Payable by credit card or cash (CZK, EURO-according to the actual currency rate). All the rooms must be booked at latest with the deadline of the final nomination – 1st June 2009.

Accommodation fees can also be paid by bank transfer to the bank account:

Bank account: 193346621/0300  
SWIFT code BIC: CEKOCZPP IBAN: CZ85 0300 0000 0001 9334 6621  
Bank address: ČSOB Černý most, Chlumecká 765/6, 19800 Praha 10

Payment must be received at the above mentioned bank account at the latest 7 days prior to the beginning of the Championship.

Arrivals/Transportation: Transport from Prague airport to hotel in Pilsen.

When arriving 1-2 people: 1500,-CZK per person/one way

When arriving 3 or more people: 600,-CZK per person/one way

Price of transport must be paid at arrival at the Championships Office. Any national team will not be accredited until the reserved transportation has been paid.

Please send therefore your detailed travel itinerary to Lenka Suchankova, so that the transfer can be provided. If you order the transport, you must pay for it even if you later decide not to use it.

Scales: Scales available at venue.

Training: Training facilities available at venue.

Flag and anthem: Will be provided by the Organizer

Photos: Identification is necessary for security reasons; each nation must send one photo for each lifter, coach and official. A maximum of three coaches per national team will be allowed into the venue free of charge. Photos must be sent together with the final nominations. If possible, send a digital version by email.

Closing Banquet: Saturday 27th June at 19:00 at Parkhotel. Price 700 CZK per person.

Participation Fee: 20 € for each lifter must be paid by bank transfer to the EPF bank account before the Technical Meeting. EPF invoice will be sent by the EPF Treasurer 7 days before the Technical Meeting.

Anti-Doping Fee: 50 € for each lifter must be paid by bank transfer to the EPF bank account before the Technical Meeting. EPF invoice will be sent by the EPF Treasurer 7 days before the Technical Meeting.

Opening Ceremony: Tuesday, 23rd June at 10:30 at Parkhotel. Two representatives (one lifter and one official) from each participating country shall take part at the Ceremony.

Nominations: Team nomination forms must be in the hands of the Meet Director ([europowerlifting@centrum.cz](mailto:europowerlifting@centrum.cz)) and the EPF Championship Secretary not later than:

Preliminary: [27th April 2009](#) (complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination was not sent in time).

Final: [1st June 2009](#) (later entries will not be accepted).

*Preliminary nominations must be sent not later than 60 days before the date of the Championships. Final nomination must be submitted not later than 21 days before the date of the Championships, and must be made from those nominated 60 days before the date of the Championship. This is inclusive of reserve or alternate lifters. According to this, no reserve lifters can be in the final nomination of any nation.*

All lifters are expected to present passports and other required documents at the weigh-in.

Correspondence: E-mails regarding the championships must be sent to:  
Lenka Suchankova, tel: +420 775 077 162  
email: [europowerlifting@centrum.cz](mailto:europowerlifting@centrum.cz)

and a copy to the EPF Championship Secretary Jiri Hofirek.

Health Insurance: All delegate members must have a valid health insurance. The Organizer and the EPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flights, etc.

Web site: More information available at the special web site of the Championship: [www.sportage.cz](http://www.sportage.cz)

### Preliminary time-table

#### European Masters Powerlifting Championships 2009

Day	Weigh-in time	Classes	Start
Tuesday 23rd June	09:00 – 10:30	Women MA2 All weight categories	11:00
	12:00 – 13:30	Men MA3 56,0 kg to 82,5 kg	14:00
Wednesday 24th June	09:00 – 10:30	Men MA3 90,0 kg to 125,0+kg	11:00
	13:30 – 15:00	Men MA2 56,0 kg to 75,0 kg	15:30
Thursday 25th June	09:00 – 10:30	Women MA1 All weight categories	11:00
	12:30 – 14:00	Men MA2 82,5 kg to 100,0 kg	14:30
	16:00 – 17:30	Men MA2 110,0 kg to 125,0+kg	18:00
Friday 26th June	09:00 – 10:30	Men MA1 56,0 kg to 75,0 kg	11:00
	12:00 – 13:30	Men MA1 82,5 kg to 100,0 kg	14:00
Saturday 27th June	09:00 – 10:30	Men MA1 110,0 kg to 125,0+ kg	11:00

Victory Ceremonies: Immediately after the end of each lifting session.

Important Note: Changes may be made to the schedule of events at the Technical Meeting depending on the number of lifters finally entered at this occasion.

Arnulf Wahlstrøm  
EPF President

Vladimir Mati  
Meet Director

Jiri Hofirek  
EPF Championship Secretary